INTERNATIONAL PHYSIOTHERAPY CONGRESS
Broadening the Horizons of Knowledge
01 – 09 October 2008
Web address: www.up.ac.za/physiotherapy

PRELIMINARY PROGRAM

PRE-CONGRESS COURSES (1 – 5 October)

<table>
<thead>
<tr>
<th>DATES: 01 – 05 October</th>
<th>DATES: 4 October</th>
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<tbody>
<tr>
<td>PRESENTER: Sarah Mottram</td>
<td>PRESENTER: Prof Carol Richards</td>
<td>PRESENTER: Jacqui McCord</td>
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<tr>
<td>TOPIC: Performance matrix: Modules 1, 2 and 3</td>
<td>TOPIC: Visual Imaging in Gait training in stroke patients</td>
<td>TOPIC: Strapping and taping in sport</td>
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<tr>
<td>DATES: 4 October</td>
<td>PRESENTER: Yorick Wijting</td>
<td>TOPIC: VitalStim® Therapy Course for patients with dysphagia</td>
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<td>DATES: 4-5 October</td>
<td>PRESENTER: Rina Jonk</td>
<td>TOPIC: Amazing nervous system</td>
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<tr>
<td>PRESENTER: Deon Buhrs</td>
<td>TOPIC: Functional Electrical stimulation (FES and TES)</td>
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UP PHYSIOTHERAPY ALUMNI REUNION
4 OCTOBER 2008 18:00 TILL LATE

CONGRESS OPENING SUNDAY 05 OCTOBER 2008
18.30 for 19.00 Welcome
Guest speaker
Special items
Reception

CONGRESS DAY 1: MONDAY 06 OCTOBER 2008

08.00 Welcome

08.10 **Keynote speaker: SETTING THE TREND FOR COLLEGIATE DEBATE**
Prof. DFM Straus Intellectual skills serving the expanding horizons of knowledge
08.40 DISCUSSION

THE PAIN CHALLENGE
08.50 Prof H Meyer Pain management: past, present and future
09.20 M Simmonds Bio-psychosocial aspects of pain
09.40 P Berger Pain management through physiotherapy
10.00 Discussion

REFRESHMENTS Poster and exhibitor viewing

**Keynote speaker: PROFESSIONAL BODY OF KNOWLEDGE OF PHYSIOTHERAPY**
Ms Sarah Mottram Performance Stability: A new perspective on risk assessment

DISCUSSION

**NEURO-MUSCULOSKELETAL – Manual therapy**
11.20: M Steffen A meta-theoretical perspective of manual therapy in lumbar/sacral conditions
11.45: J Sklaar Can the early detection & treatment of gleno-humeral internal rotation deficit (GIRD) prevent the development of SLAP lesions in the throwing arm?
12.10: A Basson A comparison between acute and chronic low back pain with respect to fear-avoidance beliefs, self reported pain and disability
12.35: E Korkie The effect of thoracic mobilizations on pain in patients with upper limb fracture

WORKSHOP: 11:30-12:30
Dr E Nkandu Management of patients with HIV/AIDS: a physiotherapist’s perspective
LUNCH  
Poster and exhibitor viewing

14:00-14:30 VENUE 1 Exhibitor presentation Qualisys – motion analysis system
14.30: M Lebec  
Physician Perceptions of Emergency Department Physical Therapist Services
14.45 B Naude  
Factors Associated With Low Back Pain In Hospital Employees
15.00: M Weedon  
Impairments Of Range Of Movement, Muscle Strength And Endurance In Children With Burns
15.15: L Steyn  
Rugby injuries
15.30: DISCUSSION and BREAK
15.45 E Remmers  
Physiotherapy and the haemophilia ‘old boys’
16.00 E Conradie  
Ergonomics at a secondary school
16.15 Ramjee  
Physical activity in Indian women
16.30 C Janse van Vuuren  
A distributed learning programme for postgraduate sport physiotherapy at the University of the Free State
16.45: DISCUSSION

18:30-20:00   Panel discussion: 2010 soccer: Are we in place?

Panelists:
1. Sports Physiotherapist
2. National Soccer team physiotherapist
3. National Soccer team doctor
4. Sport Psychologist
5. National Soccer team player
6. National Soccer team coach/
7. National Soccer team administrator

CONGRESS DAY 2: TUESDAY 07 OCTOBER 2008  PRELIMINARY PROGRAM

08.00 Welcome
08.10 Keynote speaker: THE COMMUNITY CHALLENGE OF HIV/AIDS
Dr E Nkandu:  
Physiotherapy and the global burden of HIV/AIDS – a perspective on Africa
08.40 J Potterton  
The effect of a home stimulation programme on the neuro-developmental status of HIV positive children in Soweto,

09.00 DISCUSSION
LABORATORY ISSUES FOR PHYSIOTHERAPISTS
09.20 Dr N Claasen:  
Physiological concepts of importance to physiotherapists
09.40 Prof M Dove  
A world out of balance: The reality of anti-biotic resistance
10.00 Prof M Pepper:  
Stem cells: current reality and future promise
10.20 DISCUSSION
REFRESHMENTS  
Poster and exhibitor viewing

NEURO-REHABILITATION
11:00-11:30 Keynote speaker
Prof Carol Richards - Recent advances in rehabilitation of stroke patients

Session 1a
11.45 F Malouin  
Vividness of Motor Imagery after stroke
12.00 V Mamabolo  
The Influence of Demographic, Environmental And Physical Factors On Functional Independence Post Stroke
12.15 E Useh  
Is rehabilitation iatrogenic? – wither physiotherapy
12.30 Y Wijting  
Neuromuscular electrical stimulation in the treatment of dysphagia: evidence-based review

WORKSHOP: 14:30-16:30
Deon Bührs  
14:00-16:00
Wheelchair Seating

WORKSHOP: 14:30-16:30
Dr Carol Richards  
14:00-16:00
Knowledge transfer

WORKSHOP: 9:20-10:20
Prof T Lorenzo
Service learning for Health practitioners

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EVIDENCE BASED PRACTICE

Parallel session 1b

11.45 D W Fell  
Mapping the Core Journals of Physical Therapy Literature

12.00 S Fruth  
Physical Therapists’ Beliefs and Practices Regarding Evidence-Based Practice

12.15 M Simmonds  
Assessing for Outcome: Physical and Functional Measures

12.30 J Mothabeng  
The value of undergraduate research projects

12.45 DISCUSSION

LUNCH  
Poster and exhibitor viewing

14:00-14:30  
Exhibitor presentation VENUE 1 SWETSWISE and VENUE 2 POWER PLATE

NEURO REHABILITATION AND COMMUNITY (Continue)

14.30  D Maleka  
The Development of an Outcome Measure to Assess Community Reintegration After Stroke

14.45 K Mostert  
Community physiotherapy: A conceptual analysis and synthesis

15.00  J Mothabeng  
Community integration following Spinal Cord Injury

DISCUSSION and BREAK

15.15  L Mutyafa  
Factors that influence Stroke Rehabilitation in a Regional Hospital

15.40  N Uys  
The Effect of Functional Electrical Stimulation on akinesic gait in patients with Parkinson’s Disease

15.55  L Grobler  
Effective video technology: further training of health workers regarding exercise therapy for hypertension patients

16.10  J van der Walt  
An audit of Care Facilities And Rehabilitation Services Catering for Patients with Long-Term Neurological Conditions

16.25  A van Wyk  
The theoretical foundation of rehabilitation approaches for stroke patients

16.50: DISCUSSION

CARDIO-PULMONARY REHABILITATION AND QUALITY OF LIFE

Parallel Session 2a

14.30  Helena van Aswegen  
The Quality Of Life Of Trauma Survivors

14.45  S Hanekom  
Effectiveness of Non-invasive Ventilation In Acute Asthma Exacerbation

15.00  F Karachi  
Survival and Health-Related Quality Of Life 12 Months Following Discharge from An Adult Surgical Intensive Care Unit.

15.15  A Stewart  
The effect of a home-based exercise programme and family educational support on the management of patients with hypertension

DISCUSSION AND BREAK

15.40  W Spykens  
Cardiovascular Risk Management: a multidisciplinary team approach

15.55  N Mshungcane  
A pilot study on factors influencing health related quality of life in participants with chronic obstructive pulmonary disease

16.10  V Manilal Bhana  
Cardiac surgery patients’ experiences of music therapy in an intensive care unit (ICU)

16.25  J Francis  
Self-efficacy of patients with Type 2 Diabetes at a tertiary hospital clinic and the influence of demographic variables

16.50: DISCUSSION

CONGRESS GALA DINNER
CONGRESS DAY 3:      WEDNESDAY 08 OCTOBER 2008 PRELIMINARY PROGRAM

08.00 Welcome

PHYSIOTHERAPY ETHICS, EDUCATION AND MENTORSHIP

08.10 Keynote speaker: Prof Theresa Lorenzo   Service Learning

08.40 Guest speaker
Dr Rick Ladyshewky   Electronic support in clinical education

09.00 DISCUSSION

09.20 L Buttow   Physiotherapy And Medical Negligence - A Review
09.40 H Myezwa   HIV/AIDS and the Physiotherapy curriculum
10.10 N Mbambo   Graduates' Perspective Of Academic Success
10.20 Dennis Fell   Incidence of applicants being verbally discouraged from entering the Physical Therapy Profession
10.35 C Nel   A Peer-Mentorship Program For Undergraduate Physiotherapy Students
10.45: DISCUSSION

MOTHER AND CHILD CARE

11.30 J Potterton   Paediatric Physiotherapy: Growing Up In the 21st Century
11.55 Hester van Aswegen   Women's health
12.15 A Seifart   The Impact of FES to the Lower Leg After Botulinum Toxin In Children With A Spastic Equinus Gait Due To CP
12.35 E Nieuwoudt   Pelvic Organ Prolapse and Pelvic Floor Muscle Strength
12.55 N Baillieu   The Extent Of Delay Of Language, Motor And Cognitive Development In HIV Positive Infants

LUNCH

CLOSING SESSION: HEALTH PROMOTION

Guest speaker:
Prof James Ker   New evidence in internal medicine applicable for Physiotherapists.

2ND SPEAKER TO BE CONFIRMED

Formal closure and awards ceremony

POSTERS

Suria Francis   Gauteng seating clinic
Efeh Useh   HIV and AIDS: Replacing traditional exercise therapy with exercise prescription in patient care
Tarina Coetzee   The effect of early weight bearing, strengthening and motivation on prosthetic outcome after a knee disarticulation: A Case Report
Michael Lebec   The Utilization Of The Physical Therapist As A Musculoskeletal Specialist in the Emergency Department
Joyce Mothabeng   HIV changing the face of SCI epidemiology
Gillian Adams   A pilot study to examine the feasibility and effect of water-based exercise for cardiac rehabilitation Phase IV patients
Maureen Simmonds   Visual Field Immersion: The Holodeck Comes Alive
Alison v d Spuy   The Prevalence of Occupational Overuse Injuries in the Hand and Wrist of Registered Physiotherapists in Pretoria
Corne Nel   A Peer-Mentorship Program For Undergraduate Physiotherapy Students At the University Of Pretoria
Francis J et al   Self-efficacy of patients with type 2 diabetes at a tertiary hospital clinic and the influence of demographic variables
Conradie E, et al   Ergonomics at a secondary school
Stacie Fruth   A Preliminary Exploration of the Effects of a 6-week Interactive Video Dance Exercise Program in an Adult population
Karachi F   Prevalence of backache among physiotherapy students at UWC
Mupeta M   HIV among stroke patients
Stacie Fruth   A Preliminary Physical Therapy Practice in the Emergency Department
THANK YOU FOR ATTENDING – ENJOY THE POST CONGRESS TOURS AND HAVE A SAFE TRIP HOME